

# **Jasmine Lam, M. S.**

## **PERSONAL INFORMATION**

**Legal name:** Kwok Man Lam

**Current immigration status:** Permanent resident (green card holder)

**Language spoken:** Cantonese (native), English (second), Mandarin (second)

**Current home address:** 1016 Evergreen Drive, Bellevue, WA 98004

**Email:** lamjas@yahoo.com

**Skype:** lamjas (name appears as Jasmine Lam)

**Phone:** (425) 233-8287

**Personal website:** <http://www.lamjas.com>

## **PROFESSIONAL PROFILE**

I have approximately nine years of research experience in the academic field. I have rich experiences in both qualitative and quantitative data collections, as well as data management. I am strong at dealing with complex large-scale data structures and applying appropriate data analysis techniques to address research questions in various topics.

## **EDUCATION**

**Masters of Science in Psychology**, September 2003 - March 2006

University of Oregon, United States

Thesis: "Getting to Know You Online: Effects to Group Size, Social Skills, and Gender Composition"

**Bachelor of Science in Psychology**, January 2002 - June 2003

University of Oregon, United States

**Bachelor of Arts (Honors) in Accountancy**, September 1998 – June 2001

The Hong Kong Polytechnic University, Hong Kong

## **PROFESSIONAL POSITION AND WORKING EXPERIENCE**

**Research Associate III**, September 12, 2016 – Present

Department of Psychology, Temple University

Supervisor: Dr. Lauren Alloy

**Research Associate**, March 1, 2013 – February 29, 2016

**Research Assistant I (Part-time)**, September 17, 2011 - February 28, 2013

**Assistant Researcher**, July 2, 2009 – September 16, 2011

Department of Psychology, The University of Hong Kong

Supervisor: Dr. C. Harry Hui

- Data collection using online surveys (LimeSurvey system) for a longitudinal study
- Cleaning data and merging multiple-wave datasets
- Data analysis, data interpretation, and preparing technical sections of manuscripts
- Published 10 co-authored articles in both English and Chinese peer-reviewed journals
- Prepared 11 posters and PowerPoints for professional presentations in conferences

**Senior Research Assistant**, September 1, 2011 - February 20, 2013

Department of Special Education and Counselling / Department of Psychological Studies,  
The Hong Kong Institution of Education

Supervisor: Dr. Dennis McInerney

- Data collections using online surveys (Qualtrics system) and paper-and-pencil surveys
- Cleaning data and merging datasets
- Data analysis and data interpretation
- Preparing two posters and PowerPoints for professional presentations in conferences

**Senior Research Assistant (Part-time)**, July 2, 2007 - September 30, 2007

Department of English and Communication, City University of Hong Kong

Supervisor: Dr. Wai-King Tsang

- Data analysis and data interpretation
- Report writing

**Research Assistant**, March 26, 2007 – June 30, 2009

School of Public Health, The Chinese University of Hong Kong

Supervisors: Dr. Sian Griffiths & Dr. Eliza Wong

- Data collections using focus groups and paper-and-pencil surveys
- Transcribing audio records
- Preparing coding schemes for qualitative data analysis
- Quantitative data analysis and data interpretation
- Published five articles in English peer-reviewed journals

**Lab Coordinator (Part-time),** September 2003 – March 2006

Small Groups Lab, Department of Psychology, University of Oregon

Supervisor: Dr. Holly Arrow

- Built and maintained a website for the lab
- Developed online questionnaires for graduate students working in the lab
- Managed all administrative work

**Temporary Assessor (volunteer work),** November 2004 & May 2005

Oregon Research Institution

- Data collections for an emotion assessment at Willamette High School, Eugene, OR, and Thurston High School, Springfield, OR

**Human Subject Pool Coordinator Assistant (Part-time),** September – December 2004

Department of Psychology, University of Oregon

Supervisor: Lisa Cromer, PhD Candidate

- Developed and maintained online questionnaires (Sona Systems) for the Psychology & Linguistics Human Subject Pool

**Grader (Part-time),** September – December 2004

Department of Psychology, University of Oregon

Course: Cognition

Supervisor: Dr. Ed Awh

- Graded mid-term exams.

**Undergraduate Research Assistant (Part-time),** March – June 2003

Small Groups Lab, Department of Psychology, University of Oregon

Supervisor: Dr. Holly Arrow

- Helped recruiting participants
- Prepared experiment materials for a focus group study

**English Tutor (Part-time),** June – December 2003

The American English Institute, University of Oregon

- Tutored international students to improve their English writing and oral skills

## **TEACHING EXPERIENCE**

**Visiting Instructor**

STU/CUHK Joint Shantou International Eye Center (JSIEC), Shantou, China

May 13-16, 2008

Courses: Qualitative Data Analysis (Two-day intensive workshop); Using Focus Groups as a Research Tool (Two-day intensive workshop)

Shantou University Medical College, Shantou, China

September 20-21, 2007

Course: Using Focus Groups as a Research Tool (Two-day intensive workshop)

### **Teaching Assistant**

School of Public Health and Primary Care, The Chinese University of Hong Kong

March 2011 (One session)

Course: Healthcare Organization and Management

Instructor: Professor William Ho

School of Public Health and Primary Care, The Chinese University of Hong Kong

February - March 2011 (Four sessions)

Course: Health Policy and Management

Instructor: Professor William Ho

School of Public Health, The Chinese University of Hong Kong

January 2008 (Four sessions); February, 2009 (Four sessions); November, 2010 (Four sessions)

Course: Methodology and Approaches in Qualitative Studies and Field Work

Instructors: Professor Sheila Hillier & Professor Jean Kim

### **UNDERGRADUATE HONORS THESIS ADVISING**

Mullins, K. (2006). When students discuss diversity, what do they talk about? (Co-advisor: Dr. Holly Arrow)

### **PUBLICATIONS IN ENGLISH**

Hui, C. H., Cheung, S.-H., **Lam, J.**, Lau, E. Y. Y., Yuliawati, L., & Cheung, S.-F. (2016). In search of the psychological antecedents and consequences of Christian conversion: A three-year prospective study. *Psychology of Religion and Spirituality*. Advance online publication. doi:10.1037/re10000082

Lau, W. W. F., Hui, C. H., **Lam, J.**, Lau, E. Y. Y., Ng, D., & Cheung, S.-F. (2016). Psychometric of the Spiritual Transcendence Scale in a Chinese sample: Is there factorial invariance across gender, occupation, and religion? *The International Journal for the Psychology of Religion*, 26, 136-151. doi: 10.1080/10508619.2015.1021654

Lau, E. Y. Y., Hui, C. H., Cheung, S.-F., & **Lam, J.** (2015). Bidirectional relationship between sleep and optimism with depressive mood as a mediator: A longitudinal study of Chinese working adults. *Journal of Psychosomatic Research, 79*, 428-434. doi: 10.1016/j.jpsychores.2015.09.010

Hui, C. H., Lau, E. Y. Y., **Lam, J.**, Cheung, S.-F., & Lau, W. W. F. (2015). Psychological predictors of Chinese Christians' church attendance and religious steadfastness: A three-wave prospective study. *Psychology of Religion and Spirituality, 7*, 250-264. doi: 10.1037/a0039216

Lau, W. W. F., Hui, C. H., **Lam, J.**, Lau, E. Y. Y., & Cheung, S.-F. (2015). The relationship between college students' spirituality and quality of life: An autoregressive cross-lagged panel analysis. *Higher Education, 69*, 977-990. doi: 10.1007/s10734-014-9817-y

Lau, E. Y. Y., Cheung S.-H., **Lam, J.**, Hui, C. H., Cheung, S.-F., & Mok, D. S. Y. (2015). Purpose-driven life: Life goals as a predictor of quality of life and psychological health. *Journal of Happiness Studies, 16*, 1163-1184. doi: 10.1007/s10902-014-9552-1

Hui, C. H., Lau, W. W. F., Cheung, S.-H., Cheung, S.-F., Lau, E. Y. Y., & **Lam, J.** (2015). Predictors and outcomes of experiences deemed religious: A longitudinal investigation. *International Journal for the Psychology of Religion, 25*, 107-129. doi: 10.1080/10508619.2014.916588

Zhang, K. C., Hui, C. H., **Lam, J.**, Lau, E. Y. Y., Cheung, S.-F., & Mok, D. (2014). Personal spiritual values and quality of life: Evidence from Chinese college students. *Journal of Religion and Health, 53*, 986-1002. doi: 10.1007/s10943-013-9686-1

Kim, J. H., Griffiths, S. M., Lau, C. H., Fong, B. Y., & **Lam, J.** (2013). Pathological Internet use and associated factors among university students in Hong Kong. *Hong Kong Medical Journal, 19*(Supp), S9-S11.

Zhang, M., Wu, X., Li, L., Huang, Y., Wang, G., **Lam, J.**, Lam, D. S. C., Gao, Y., Griffiths, S., & Congdon N. (2011). Understanding barriers to cataract surgery among older persons in rural China through focus groups. *Ophthalmic Epidemiology, 18*, 179-186. doi: 10.3109/09286586.2011.580884

Li, L. P., **Lam, J.**, Lu, Y. G., Ye, Y. R., Lam, D. S. C., Gao Y., Sharma, A., Zhang, M. Z., Griffiths, S., & Congdon, N. (2010). Attitudes of students, parents and teachers towards glasses use in rural China. *Archives of Ophthalmology*, *128*, 759-765. doi: 10.1001/archophthalmol.2010.73

Wong, E.L.Y., **Lam, J. K. M.**, Griffiths, S., Chung, V., & Yeoh, E.K. (2010). Chinese medicine: Its role and application in the institutionalized older people. *Journal of Clinical Nursing*, *19*, 1084-1093. doi: 10.1111/j.1365-2702.2009.03039.x

Li, L. P., Chow, K. W., Griffiths, S., Zhang, L., **Lam, J.**, & Kim, J. H. (2009). University peer health education: The Shantou, China experience. *The Journal of American College Health*, *57*, 549-552. doi:10.3200/JACH.57.5.549-552

#### **PUBLICATIONS IN CHINESE**

Guo, J., Zhou, X., Zhang, J., Wang, Y., & **Lin, G.** (2015). The application of job demand-control model on migrant workers in China: Boundary conditions and research reflection. [工作要求——控制模型在中国产业工人中的应用:边界条件与研究反思] *Nankai Business Review*, (6), 26-34.

Guo, J., Zhou, X., **Lin, G.**, Fang, J., Zhang, J., Gu, W., Liu, L. (2014). The requirement in work – The application of the control model in China’s industrial workers: The relationship between the analysis of the responding aspects and the curve line. [工作要求——控制模型在中国产业工人的应用：响应面分析与曲线关系] *Management World*, (11), 80-94.

#### **MANUSCRIPTS UNDER REVIEW**

Lau, E. Y. Y., Hui, C. H., **Lam, J.**, & Cheung, S.-F. (submitted on April 22, 2016). Sleep and optimism: A longitudinal study of bidirectional causal relationship and its mediating and moderating variables in a Chinese student sample. *Sleep*.

Hui, C. H., Cheung, S.-H., **Lam, J.**, Lau, E. Y. Y., Cheung, S.-F., & Yuliawati, L. (submitted on March 22, 2016). Psychological changes during religious deconversion: A three-year prospective study. *Psychology of Religion and Spirituality*.

## PROFESSIONAL PRESENTATIONS

Lau, E. Y. Y., Hui, C. H., **Lam, J.**, & Cheung, S.-F. (2016). The relationship between sleep quality and readiness to forgive. Poster to be presented at the 4th International Pediatric Sleep Association Congress. Taipei, Taiwan. March, 2016.

Lau, E. Y. Y., Hui, C. H., Cheung, S.-F., **Lam, J.** (2016). Sleep and optimism: The chicken or the egg? A longitudinal study of causal relationships and mediators in a Chinese student sample. Poster to be presented at the 4th International Pediatric Sleep Association Congress. Taipei, Taiwan. March, 2016.

Hui, C. H., Lau, E. Y. Y., **Lam, J.**, & Cheung, S.-H. (2015, August). Causality between optimistic attributional style and sleep quality: Depressive mood as mediator. Paper presented at the 123rd Annual Convention of the American Psychological Association, Toronto, Ontario, Canada.

Hui, C. H., Lau, E. Y. Y., **Lam, J.**, Cheung, S.-H., & Lau, W. W. F. (2015, March). A longitudinal study of faith exit. Paper presented at the 13th Annual Mid-Year Conference on Religion and Spirituality, Division 36 of American Psychological Association, Provo, Utah.

Mok, D. S. Y., Lau W. W. F., **Lam, J.**, Hui, C. H., Lau, E. Y. Y., & Cheung, S. F. (2014, July). Student-faculty interaction in Hong Kong and Macau. Paper presented at the High Education Research and Development Society of Australasia Conference, Hong Kong.

Hui, C. H., Lau, W. W. F., Cheung, S. H., Cheung, S. F., Lau, E. Y. Y., & **Lam, J.** (2014, April). Predictors and outcomes of some religious experiences. Paper presented at the 12th Annual Mid-Year Conference on Religion and Spirituality, Division 36 of American Psychological Association, La Mirada, California.

Hui, C.H., Lau, E.Y.Y., **Lam, J.**, Cheung, S.F., & Mok, D.S.Y. (2013, October). The causal relationship between optimism/pessimism and sleep quality. Paper presented at the 48th Australian Psychological Society Annual Conference, Cairns, Australia.

Hui, C.H., Lau, E.Y.Y., **Lam, J.**, Cheung, S.F., & Mok, D.S.Y. (2013, October). Poor sleep worsens pessimism but it takes an optimist to sleep well. Paper presented at the 48th Australian Psychological Society Annual Conference, Cairns, Australia.

Hui, C.H., Lau, E.Y.Y., Cheung, S.H., **Lam, J.**, Cheung, S.F., & Mok, D.S.Y. (2013, August). Religion-based and material life goals: Their effects on well-being six months later. Paper presented at the International Association for the Psychology of Religion Congress, Lausanne, Switzerland.

McInerney, D. M., King, R., & **Lam, J.** (2013, August). Multiple goals and educational outcomes in the Chinese cultural context: A person-centered analysis. Paper presented to the 15th Biennial Conference of the European Association for Research in Learning and Instruction (EARLI), Munich, Germany.

McInerney, D. M., King, R., & **Lam, J.** (2013, August). Does student motivation really decline? Re-examining motivational change in the Chinese context. Paper presented to the 15th Biennial Conference of the European Association for Research in Learning and Instruction (EARLI), Munich, Germany.

Lau, E. Y. Y., Hui, C. H., **Lam, J.**, Cheung, S. F., & Mok, D. S. Y. (2012, November). Sleep quality and pessimism/optimism: Which causes which? Poster presented to the 7th Asian Sleep Research Society Congress, Taipei, Taiwan.

Ng, E. C. W., Mok, D. S. Y., Hui, C. H., Cheung, S. F., Lau, E. Y. Y., **Lam, J. K. M.** (2010, July). Religious friends: The impetus of spiritual development and protection against religious doubt in Hong Kong Protestant college student. Presentation at the 10th International Conference on Children's spirituality, Hong Kong.

Yung, K. C. T., **Lam, J.**, Lau, J., Griffiths, S., & Kim, J. (2009, December). Health and lifestyle of university entrants: A cross-border comparison among three cities in China. Presentation presented to the 41th Conference of the Asia-Pacific Academic Consortium for Public Health (APACPH), Taipei, Taiwan.

Wong, E. L. Y., Griffiths, S., **Lam, J.**, Yeoh, E. K. (2008, November). Chinese medicine: Its role and application in institutionalized elders. Poster presented to the 40th Conference of the Asia-Pacific Academic Consortium for Public Health (APACPH), Kuala Lumpur, Malaysia.

**Lam, J.**, Griffin, S., Li, L.-p., & Kim, J. (2007, November). Lifestyles and health-promoting behaviors among university entrants: A cross-societal comparison in Guangdong Province, China. Paper presented to the 39th Conference of the Asia-Pacific Academic Consortium for Public Health (APACPH), Kagawa Nutrition University (Joshi Eiyo Daigoku), Sakado-city, Saitama, Japan.

**Lam, J.**, & Arrow, H. (2006, June). Judgments of message quality in initial online interactions. Poster presented to the 6th Biennial Convention of the Society for the Psychological Study of Social Issues (SPSSI), Long Beach, CA.



**Lam, J.,** & Arrow, H. (2006, January). Bias and consistency in judgments of messages in online interactions. Poster presented to the 7th Annual Meeting of the Society for Personality and Social Psychology (SPSP), Palm Springs, CA.

**Lam, J.,** & Arrow, H. (2005, April). The more the merrier? Or four's a crowd? Preferences for dyadic or small group on-line conversations. Poster presented to the Conference on Group Processes in Computer-Supported Interaction: Technological and Social Determinism, Miami University, Oxford, OH.

### **SPECIALIZED DATA ANALYSIS TRAINING ATTENDED**

**A Three Days Short-Course on Latent Variable Modeling Using Mplus,** October 12-14, 2012

Assessment Research Center, The Hong Kong Institution of Education

Instructors: Dr. Bengt Muthén, Dr. Linda Muthén, and Dr. Tihomir Asparouhov

**Latent Variable Symposium and Mplus Workshop,** January 7-9, 2011

Graduate School of Educational Measurement & Statistics, National Taichung University

Instructors: Dr. Bengt Muthén and Dr. Linda Muthén

**Reporting and Presenting Qualitative Research,** August 27, 2008

**Designing a Qualitative Study,** August 11, 2008

**Qualitative Data Analysis,** August 23-24, 2007

**Running Effective Focus Groups,** August 20-21, 2007

Social Sciences Research Centre, The University of Hong Kong

Instructor: Dr. Liz Spencer

**Designing Multi-Item Scales,** August 9, 2008

Social Sciences Research Centre, University of Hong Kong

Instructor: Dr. Pamela Campanelli

**Introduction to NVivo 7 Workshop,** June 15, 2007

QSR International

Instructors: Ms. Sue Bullen and Ms. Fiona Wiltshier

**Social Relations Model Workshop,** June 13-17, 2005

Data Analysis Training Institute of Connecticut, University of Connecticut

Instructors: Dr. David Kenny, Dr. Linda Albright, and Dr. Thomas Malloy

## **STATISTICS ANALYTICAL SKILLS**

**Basic techniques:** t-test, chi-square tests for independence, ANOVA, MANOVA, repeated measures, multiple regression, logistic regression

**Advanced techniques:** Exploratory factor analysis (EFA), parallel analysis, confirmatory factor analysis (CFA), bifactor modeling, multilevel modeling (MLM), path analysis, cross-lagged modeling, mediation and moderation analysis, structural equation modeling (SEM), exploratory structural equation modeling (ESEM), latent growth modeling (LGM), latent class analysis (LCA), latent transition modeling (LTM), latent growth mixture modeling (LGMM), latent change scores modeling, Rasch analysis

## **COMPUTER SKILLS**

**Quantitative data:** SPSS, Mplus, HLM, Winstep

**Qualitative data:** NVivo

**Research-related:** Endnote, Remark Office OMR

**Online surveys:** LimeSurvey, Qualtrics, SurveyMonkey, Sona Systems, Google Forms

**Content Management:** Joomla

**Web language:** HTML

**Others:** Microsoft Office suite, Adobe Acrobat

## REFERENCES

### **Dr. C. Harry Hui**

Associate Professor

Department of Psychology,

The Jockey Club Tower, Centennial Campus,

The University of Hong Kong,

Pokfulam Road, Hong Kong

Office: +852-3917-2291

E-mail: [huiharry@hku.hk](mailto:huiharry@hku.hk)

Dr. Hui was my supervisor of my last job at the University of Hong Kong.

### **Dr. Esther Lau**

Assistant Professor

Department of Psychological Studies,

The Hong Kong Institute of Education,

10 Lo Ping Road, Tai Po,

New Territories, Hong Kong

Office: +852-2948-8253

E-mail: [laueyy@hku.hk](mailto:laueyy@hku.hk)

Dr. Lau was a core member of Dr. Hui's research team. We had close collaborations on some papers.

### **Dr. Sing-Hang Cheung**

Associate Professor

Department of Psychology,

The Jockey Club Tower, Centennial Campus,

The University of Hong Kong,

Pokfulam Road, Hong Kong

Office: +852-3917-4225

E-mail: [singhang@hku.hk](mailto:singhang@hku.hk)

Dr. Cheung was a core member of Dr. Hui's research team. We had close collaborations on some papers.